



NDCSA
Bloomfield House
Community Centre



Programme 2010/11

Charity Number 512032

Welcome

For 30 years Narberth and District Community and Sports Association have provided social welfare, sport and leisure facilities for the local community at Bloomfield House Community Centre in Narberth, Pembrokeshire. The organisation is a registered charity and the centre is managed by a volunteer committee. Our members play a full part in the management and development of the centre.

This year our members and supporters have helped us to raise £7000 for the replacement of the Air Dome Community Hall at the centre. Our fundraising programme will continue with a concert held in September. Details of all our fundraising events can be found on our new website www.bloomfield.narberth.co.uk



Glyn Jones
NDCSA Chairman

This year Bloomfield has been selected, along with two other Welsh community centres to take part in the WAG Climate Change Challenge. The challenge involves the centres competing against each other to lower their carbon footprint and win a cash prize. Please speak to staff if you would like to be involved with the challenge and help Bloomfield reduce its energy and water usage and become more sustainable.

The facilities at Bloomfield include a fitness suite, sports halls and squash courts. We accommodate a large range of sporting and leisure activities for children and adults. We also offer a wide variety of education and IT classes in association with Learning Pembrokeshire, Pembrokeshire College and the Continuing Education Department of Aberystwyth University and part time degrees provided by Swansea University.

Good quality childcare provision is available onsite including Bloomfield Day Nursery, After School Club (including school collection bus) and Welsh language playgroup Cylch Meithrin Arberth, all of which are registered with CSSIW. We also have the Lee Davies Day Care centre for the elderly (booking by referral only)

If you need a venue for an event or meeting we have a variety of rooms available for hire including our modern and well-equipped seminar room. The onsite Bloomfield community bus is also available for hire to members.

Whatever your needs you can be assured that at Bloomfield we will do our very best to accommodate them.

Contents

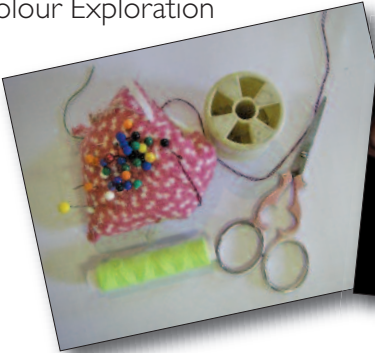
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A list of classes and activities is available in Welsh, please call for details

New This Year

Introduction to Sign Language
Creative Writing
Introduction to Sugar Craft
Colour Exploration

Learn to Sew - Revamp Your Wardrobe
Colour Exploration
Holiday Italian
Card Making



Membership Rates

NDCSA is a membership organisation and regular users must become members. Membership entitles users to discounted rates and the right to stand for election to the General Committee and to play a part in the management of the centre.

Adults	£5
Concessions (over 60 or under 18)	£3
Family	£12

Open Evening

Thursday 23rd September, 6:30pm

Everyone welcome. Come along to the centre. See work from students past and present, meet tutors and view facilities. Refreshments provided.

Fundraising Event

Friday 24th September at 7pm

Dyfed Choir Concert, includes refreshments, tickets available.

LEARNING PEMBROKESHIRE CLASSES

Course Description	StartDate	Time	Day
Art for All	29/09/2010	14:30 - 17:30	Wed
Art for All	29/09/2010	10:30 - 13:30	Wed
Creative writing	30/09/2010	10:00 - 12:00	Thu
French - Year 1	27/09/2010	15:00 - 16:30	Mon
French - Year 3	27/09/2010	12:00 - 13:30	Mon
French - Year 4	27/09/2010	13:30 - 15:00	Mon
Holiday Italian	27/09/2010	13:00 - 15:00	Mon
Italian - Year 1	28/09/2010	13:00 - 15:00	Tue
Italian - Year 2	28/09/2010	18:30 - 20:30	Tue
Italian - Year 3	28/09/2010	10:00 - 12:00	Tue
Jewellery Making with Beads	01/10/2010	09:30 - 11:30	Fri
Learn to sew - Revamp your wardrobe	30/09/2010	19:00 - 21:00	Thu
Patchwork and Quilting	27/09/2010	10:00 - 16:00	Mon
Spanish - Year 1	27/09/2010	18:30 - 20:00	Mon
Traditional Stained Glass	01/10/2010	10:00 - 13:00	Fri
Welsh Entry 2 - Mynediad 2**	28/09/2010	19:00 - 21:00	Tue
Welsh Entry 1 - Mynediad 1***	30/09/2010	10:00 - 12:00	Thu
Welsh Entry 1 - Mynediad 1*	27/09/2010	19:00 - 21:00	Mon
Welsh Foundation 2 - Sylfaen 2*	27/09/2010	10:30 - 12:30	Mon
Welsh Foundation 1 - Sylfaen 1**	28/09/2010	10:00 - 12:00	Tue



WORKSHOPS

Introduction to Reiki (AL)	25/09/2010	10:30 - 15:30	Sat
Welsh day course Sadwrn Siarad	26/03/2011	09:30 - 15:30	Sat
Rag Rugs (HC)	09/10/2010	10:00 - 14:30	Sat
Festive Willow making (HC)	13/11/2010	10:00 - 14:30	Sat
Hedgerow Basket Making - beginners (HC)	29/01/2011	10:00 - 15:30	Sat
Willow Basket Making - improvers (HC)	05/03/2011	10:00 - 15:30	Sat
Willow Garden Structures (HC)	07/05/2011	10:00 - 15:30	Sat
Willow Sculptures Figurative (HC)	11/06/2011	10:00 - 15:30	Sat
Print making with nature	06/11/2010	13:00 - 16:00	Sat
Italian cookery with Luciana Year 2	23/10/2010	10:00 - 13:00	Sat
Italian cookery with Luciana Year 1	23/10/2010	13:30 - 16:30	Sat
Italian cookery with Luciana Year 2	20/11/2010	10:00 - 13:00	Sat
Italian cookery with Luciana Year 1	20/11/2010	13:30 - 16:30	Sat
Italian cookery with Luciana Year 2	18/12/2010	13:30 - 16:30	Sat
Italian cookery with Luciana Year 1	18/12/2010	10:00 - 13:00	Sat
Italian cookery with Luciana Year 2	15/01/2011	13:30 - 16:30	Sat
Italian cookery with Luciana Year 1	15/01/2011	10:00 - 13:00	Sat
Italian cookery with Luciana Year 2	12/02/2011	13:30 - 16:30	Sat
Italian cookery with Luciana Year 1	12/02/2011	10:00 - 13:00	Sat
Italian cookery with Luciana Year 2	12/03/2011	10:00 - 13:00	Sat
Italian cookery with Luciana Year 1	12/03/2011	13:30 - 16:30	Sat



Italian cookery with Luciana Year 2	09/04/2011	10:00 - 13:00	Sat
Italian cookery with Luciana Year 1	09/04/2011	13:30 - 16:30	Sat
Italian cookery with Luciana Year 2	07/05/2011	10:00 - 13:00	Sat
Italian cookery with Luciana Year 1	07/05/2011	13:30 - 16:30	Sat
Italian cookery with Luciana Year 2	18/06/2011	10:00 - 13:00	Sat
Italian cookery with Luciana Year 1	18/06/2011	13:30 - 16:30	Sat
Italian cookery with Luciana Year 2	16/07/2011	10:00 - 13:00	Sat
Italian cookery with Luciana Year 1	16/07/2011	13:30 - 16:30	Sat

SCHOOL OF EDUCATION AND LIFELONG LEARNING ABERYSTWYTH 01970 622677

Approaches to Life Painting	28/09/2010	10:00 - 15:00	Tue
Colour Exploration	25/01/2011	10:00 - 15:00	Tue
Portraiture in Oils	22/03/2011	10:00 - 15:00	Tue

SWANSEA UNIVERSITY 01792 295499

Introduction to Sociology Level 1	05/10/2010	10:00 - 12:00	Tue
Introduction to Psychology Level 1	05/10/2010	13:00 - 15:00	Tue
Biological Psychology Level 2/3	05/10/2010	10:00 - 12:00	Tue
Crime and Deviance-Level 2/3	05/10/2010	13:00 - 15:00	Tue

DEPARTMENT OF ADULT CONTINUING EDUCATION, UNIVERSITY OF WALES, SWANSEA 01792 602211

Wildlife and Natural History	23/09/2010	19:00 - 21:00	Thu
Sociology of the Family	13/01/2011	10:00 - 12:00	Thu

DEPARTMENT OF ADULT CONTINUING EDUCATION, UNIVERSITY OF WALES, SWANSEA 01437 776785

Uwch Dwys I	21/09/2010	10:00 - 14:30	Tue
Mynediad Dwys (MD)	29/09/2010	09:30 - 11:30	We & Fr
Siawns am Sgwrs I	23/09/2010	10:00 - 14:30	Thu

STEP PROJECT (FREE COURSES) 01437 753 139

Introduction to Sign Language - 8 weeks	29/09/2010	13:00 - 15:00	Wed
Intro to Sugar Craft - 8 weeks	25/11/2010	13:00 - 15:00	Thu
Card Making - 8 weeks	04/10/2010	13:30 - 15:30	Mon
First Aid - 5 wks	08/10/2010	18:00 - 21:00	Fri
WOW Marine Life Observer - 1 Day	09/10/2010	09:00 - 16:30	Sat
Food Safety in Catering Level 2	13/10/2010	09:00 - 17:00	Wed
Food Safety in Catering Level 2	03/11/2010	09:00 - 17:00	Wed
Food Safety in Catering Level 2	01/12/2010	09:00 - 17:00	Wed

* 1 hour registration 20/09/10

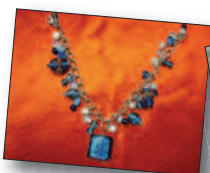
** 1 hour registration 21/10/10

*** 1 hour registration 23/09/10

(MD) 1 hour registration 15/09/10

(HC) Helen Campbell 01994 419615

(AL) Anne Love 07968 728759



Sport, Leisure and Music

Course Description	Start Date	Time	Day
Aerobics	continual	18:30 - 19:30	Mon
Aerobics	continual	18:00 - 19:00	Thu
Badminton drop in	continual	19:00 - 21:00	Tue
Badminton Junior	TBC	17:00 - 18:00	Thur
Ballet	06/09/2010	19:30 - 21:00	Mon
Ballet	07/09/2010	16:00 - 18:15	Tue
Ballet	10/09/2010	15:45 - 18:45	Fri
Belly Dancing	06/09/2010	18:30 - 19:30	Mon
Clarinet, Flute and Saxophone Lessons	08/09/2010	15:00	Wed
Clarinet, Flute and Saxophone Lessons	11/09/2010	9:00	Sat
Football Coaching (5 years and over)	08/09/2010	17:00 - 19:00	Wed
Guitar lessons	TBC	18:00 - 19:00	Tue
Guitar lessons	TBC	17:45 - 18:30	Wed
Karate (Adult+Junior)	06/09/2010	19:00 - 20:30	Fri
Karate (Adult+Junior)	10/09/2010	19:30 - 21:00	Mon



Course Description	Start Date	Time	Day
Mixed style dance - 9 years plus	08/09/2010	18:30 - 19:30	Wed
Mixed style dance - 5 - 8 years	08/09/2010	17:45 - 18:30	Wed
Netball Junior	09/09/2010	18:00 - 19:00	Thur
Pilates - beginners/rehabilitation	continual	10:30 - 11:30	Wed
Pilates - beginners/rehabilitation	continual	17:45 - 18:30	Wed
Pilates - everyone welcome	continual	09.30 - 10.30	Wed
Pilates - everyone welcome	continual	18:30 - 19:30	Wed
Tai Chi Chuan	14/09/2010	19:00 - 21:00	Tue
Yoga - beginners	29/09/2010	11:00 - 12:15	Wed
Yoga - intermediate	08/09/2010	12:30 - 14:00	Wed
Yoga - mixed ability	29/09/2010	19:00 - 20:30	Wed
Yoga level 1	10/09/2010	9:30 - 10:45	Fri

Adults Children

See page 8 for contact details

Fitness Suite

Bloomfield's popular fitness suite is available for use by members and includes cardiovascular exercise and resistance machines and free weights. Contact the centre for details or to book an induction. £2.90 before 5pm, £3.40 after 5pm, £26.60 per month



Badminton

£5.60 per hr singles, £4.00 per hr junior; £6.50 per hr (more than 2 players)

Squash

£4.50 per court before 5pm, £5.00 per court after 5pm

Narberth Squash Club Prices:

£30.00 annual fee, £4.00 per court before 5pm, £4.50 per court after 5pm

Tennis

£5.60 per hr singles, £7.50 per hr doubles, £4.10 per hr juniors



(NB Prices fixed until April 2011)

GROUPS/SOCIETY	Contact	Tel	Email/Website
Aberystwyth University	n/a	01970 621580	www.aber.ac.uk/education
Aerobics	Janet Tebbut	079738 54942	
After School Club (Bloomfield)	Amelia Stone	07968 049150	
Badminton (Drop In)	Gus Phillips	01834 860091	gusphillips123@btinternet.com
Badminton (Jnr)	TBC	01834 860293	
Ballet (Junior)	Alice Russell	01437 563281	vacances5@btinternet.com
Ballet (Adult)	Claudia Gunnars	01834 870124	glodisg@aol.com
Belly Dance	Melanie Collier	07794 310202	melanie@oaken.demon.co.uk
Bloomfield Nursery	Evelyn Haydn	01834 860293	
Christian Community Church	Allan Tyler	01834 860767	allan.tyler@homecall.co.uk
Cylch Meithrin	Ann Caygill	01834 860921	annfor78@hotmail.com
Cylch Ti Fi	Amber Wheeler	01437 731472	
Dyfed Choir	Lynda Lumsdaine	01267 241375	brilum@talktalk.net
Dynamics Dance	Zoe McClelland	07817 443524	dynamics_dance@yahoo.co.uk
Embroiderers Guild/Young Embroiderers	Anne Embrey or Ellie Mcphee	01646 672003 01834 860035	e.mcphee@virgin.net
Football (Junior)	Steve Briars	077741 11898	stevebriars@aol.com
Guild of Weavers, Spinners and Dyers	Bettina Becker	01437 563657	www.tenguildwsd.org.uk
Guitar (Adult & Junior)	Owain Harrison	07773 775383	hippyguitar@hotmail.co.uk
Junior Netball	Alice Watts	07920 723423	watts127@btinternet.com
Karate	Barbara Mumberson	01834 812049	
Landsker Quilters	Margaret Norcross	01834 861057	
Learning Pems (Community IT)	n/a	01834 861712	communityit.learning@pembrokeshire.gov.uk
Lee Davies Day Care Centre	Gwyneth Johns	01834 861386	
Leisure Leagues Football	Nigel Phillips	01834 860293	info@leisureleagues.net (National email)
Narberth Cycling Club	Andrew Rees	07766 081696	admin@andrewreesbutchers.co.uk
Narberth Quakers	Jill Whitehead	01834 844796	
Narberth Short Mat Bowls	Lionel Phillips	01834 891350	mphillips@tiscali.co.uk
Narberth Squash Club	Gaz Salmon	01834 860177	
Patchwork & Quilting	n/a	01834 860293	
Pilates	Janet Tebbut	079738 54942	
Registrar	n/a	01437 775176	
South Wales Goat Club	Phyllis Dawson	01646 661242	p.dawson321@btinternet.com
South Wales Male Voice Choir	Keith Nixon	01834 871887	
STEP	n/a	01437 753139	community@pems.ac.uk
Stich n Bitch Knitting Group	Luciana	07886 281616	lucytheknitter@gmail.com
Swansea University (DACE)	n/a	01792 602211	adult.education@swansea.ac.uk
Tai Chi Chuan	Claire Skelton	07989 896128	clare.s@talktalk.net
Thurston Woodwind	John McGarry	07977 013330	johnmcgarry1@hotmail.co.uk
Welsh Weigh	Kerry Madison	01834 849401	welsh-weigh.co.uk
Yoga	Michelle Downs	01834 871956	
Yoga Level 1	Bethan	07870 860049	
Youth Club	David Walker	01437 775824	david.walker@pembrokeshire.gov.uk

Do you need space for a meeting, conference or party?

Easily accessible from all areas of Pembrokeshire, Ceredigion and West Carmarthenshire, we have a variety of large or small rooms, sports halls and squash courts available for hire.

Room hire prices start from £8.30 per hour. Catering can be arranged, using local caterers



Bloomfield Bus

Bloomfield Bus is a 16-seater community bus, which is fully accessible for disabled passengers. The bus is available for hire at excellent rates to members and affiliated groups. Your driver must be MIDAS trained.

Call now for further information: 01834 860293



Dial a Bus

Dial a Bus is a door-to-door bus service for the local community available on a Tuesday, Wednesday and Friday. The service utilises the Bloomfield Community Bus and is provided in association with Pembrokeshire County Council and the Welsh Assembly Government



COMPUTER COURSES

Make a positive step to improve your computer skills

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First steps with computers to professional IT qualifications such as ECDL Essential, ECDL Extra and Text Processing Business Professional - levels 1, 2 and 3 available

Short courses to brush up existing skills or learn new ones

Learn how to email and use the Internet - Research your family tree

Customised training to suit your needs or the needs of your business

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Whatever your computer training requirement, the IT team at Narberth will be pleased to advise you

RING FOR DETAILS

01834 861712

Many computer courses are eligible for ILA Wales funding

Microsoft Office 2003 and 2007 (depending on venue), Sage Accounts, Sage Payroll, Digital imaging using Photoshop, Digital video editing and Webpage design

www.pembrokeshire.gov.uk/learningpembrokeshire

Tuesday/Friday: Herons Brook, Reynalton, Cresselly, Cresswell Quay, Lawrenny, Martletwy, Landshipping and Crosshands
Wednesday: Llawhaden and Ludchurch
Arrives Narberth 10:50am
Departs Narberth 12:15pm & 4:15pm
Call now on Free phone 0800 7831584



Bloomfield Day Nursery

Our excellent onsite nursery caters for children aged 6 weeks to 4 years old and is open from 8 am until 6pm Monday to Friday. Fully qualified staff provide a warm and friendly environment in this dedicated facility. **Contact Evelyn Hayden on 01834 860293**



Bloomfield After School Club



This unique local service provides primary school children with a safe and fun environment from the close of school until 5:30pm. We collect children from school and provide a healthy snack along with games, activities and plenty of fun. Our bus service collects children from Narberth and Templeton schools. All staff are fully qualified and experienced. **Call now on 07968049150**

Cylch Meithrin & Cylch Ti a Fi



Cylch Meithrin, Bloomfield's Welsh medium playgroup is open four days per week. Monday, Tuesday, Wednesday & Friday from 9:15 – 11:45am. **Cylch Ti a Fi** meet every Thursday morning between 10:00 – 11:30am

For more information see page 8

All childcare inspected by CSSIW

Bloomfield Holiday Play scheme

Part of Bloomfield after school club, our popular holiday play scheme runs during the school holidays for children aged 4 to 12 years old. Games and activities are provided by our qualified staff along with healthy snacks and tea-time food.

8:30 - 17:30 Monday - Friday during school holidays
(selected dates at Christmas)

Full and half day sessions available.

Call now on 07968049150



School Holiday Workshops

In addition to the Holiday Play Scheme Bloomfield House Community Centre also run seasonal school holiday workshops for 5-11 year old children. These include cheerleading, ballet and street dance camps, junior football, tennis and netball coaching and music and craft workshops.

Workshops are advertised locally prior to the event. Booking is advisable.

Call 01834 860293 for details.

Youth Club

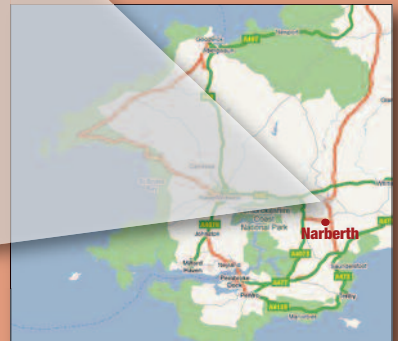
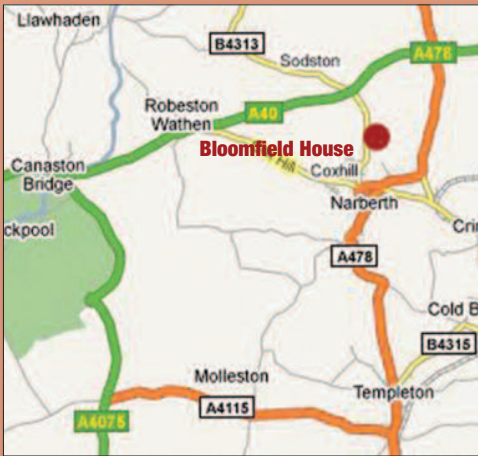
Fun for 11 year olds and over. Come along every Friday between 6:00 - 8:00pm for sports such as football, badminton, rounders and more.

For more information contact

David Walker 01437 775824

Narberth and District Community and Sports Association

Bloomfield House
Community Centre, Redstone Road
Narberth, Pembrokeshire SA67 7ES



Opening Hours
Monday to Friday 8am - 10pm
Saturday 9am - 5pm
Sunday 9am - 1:30pm
Bank Holidays 9am - 1pm

01834 860293 / 860722

www.bloomfield.narberth.co.uk
janine.perkins@pembrokeshire.gov.uk